

Sweetened Cranberries

Nutrition Facts

20 servings per container
Serving size 1/2 cup (15g)

Amount per serving
Calories 60

% Daily Value*

Total Fat 0g 0%
 Saturated Fat 0g 0%
 Trans Fat 0g

Cholesterol 0mg 0%
Sodium 0mg 0%

Total Carbohydrate 15g 5%
 Dietary Fiber 3g 11%

Total Sugars 10g
 Includes 1g Added Sugars 2%

Protein 0g

Vitamin D 0mcg 0%
 Calcium 8mg 0%
 Iron 0mg 0%

Potassium 173mg 4%
 Vitamin C 12mg 15%

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

INGREDIENTS: SWEET CRANBERRIES (FREEZE DRIED CRANBERRY, CANE SUGAR).

Processed in a facility that handles milk, egg, soy, wheat, & coconut products.
CAUTION: This product contains an oxygen absorber that is not intended for consumption. Please discard the packet upon opening can.
 Thrive Life®, 691 South Auto Mall Drive, American Fork, Utah 84003

A rich medley of sweet and tart flavors ready anytime of the year. It's snacking made simple!

Snack from the can

Mix into cookies

Bake in a cobbler

However you want! Show us your creations at thrivelife.com/recipes

CHEF BITES

Best as a dry snack! To refresh, mix ½ cup of Cranberries with 2 tbsp. of water. Let sit for 5-10 minutes or until soft.

FOR THE LOVE OF FOOD

As the center of family gatherings, late-night talks, and your kitchen table, food brings us together. Freeze drying locks in nutrients and flavor so you can stop chasing expiration dates and enjoy tasty food anytime you want.



SWEETENED CRANBERRIES



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Net Wt. 10.58 oz (0.66 lb) 300g