



## Rigatoni Rustica with Pulled Pork

ingredients | 2 person (4 person)

*Put away the chopping block. All your freeze dried ingredients are ready for cooking!*

### grab from your box

**Garlic** | ½ Tbsp. (1)

**Pulled Pork** | ¾ cup (1 ½)

**Chef's Choice Seasoning** | ½ tsp. (1)

**Rigatoni Pasta** | 1 ¾ cups (3 ½)

### Cheese Blend

Mozzarella Cheese | 2 Tbsp. (¼ cup)

Parmesan Cheese | 2 Tbsp. (¼ cup)

### Veggie Mix

Asparagus | ¼ cup (½)

Red Bell Peppers | ¼ cup (½)

Mushrooms | ¼ cup (½)

**Onion Slices** | ¼ cup (½)

**Tomato Sauce Mix** | ¼ cup (½)

**Balsamic Glaze** | 1 oz. (1)

### grab from your pantry

**Butter or Oil** | ½ Tbsp. (1)

**16**  
minutes

### allergens:

Dairy, Wheat  
Pantry items not included

350 CALS / FATS 11G / PROTEIN 20G / SODIUM 790MG

**kitchen gadgets:** *Medium sauce pot, large sauté pan, strainer*



**1** *Cooking for 4:* Measurements for a four (4) person meal are in parentheses.

Measure out 3 (4) cups **water**. In a medium sauté pan, add ½ (1) Tablespoon of **butter or oil** of your choice and sauté **garlic** on medium heat until aromatic (10–30 seconds). Add **water**, **pulled pork**, and **Chef's Choice seasoning**. Bring to a simmer, and simmer for 7–8 minutes.



**2** While pork is simmering, in a medium sauce pot bring 6 (8) cups **water** to a boil. Add **Rigatoni pasta**, and cook for 10 minutes or until tender. Strain and set aside. Reserve pasta water for later use.



**3** While pasta is cooking, refresh the **cheese blend** with 2 teaspoons (1 ½ Tablespoons) of water in a small container with a lid. Tumble and set aside. Allow to soften by tumbling every few minutes.



**4** Once pork has simmered for 7–8 minutes, add **veggie mix** and **onion slices** and simmer for 4–5 minutes. Then, while stirring add **tomato sauce mix**. Thin with pasta water if needed. Simmer on low for 3–4 minutes or until sauce is slightly thick.



**5** Add the pasta to the sauce, and toss together. Sprinkle in refreshed cheese and stir to combine. Dish up your pasta and top with the **balsamic glaze** to taste.



### Wasn't that simple?

Choose from a variety of Thrive Life ingredients to whip up your own family classics faster.





**Nutrition Facts**

3 servings per container

**Serving size** 1 cup (88g)**Amount per serving****Calories** 340

		% Daily Value *
<b>Total Fat</b>	8g	<b>10%</b>
Saturated Fat	3.5g	<b>18%</b>
<i>Trans</i> Fat	0g	
<b>Cholesterol</b>	45mg	<b>15%</b>
<b>Sodium</b>	790mg	<b>34%</b>
<b>Total Carbohydrate</b>	47g	<b>17%</b>
Dietary Fiber	3g	<b>11%</b>
Total Sugars	8g	
Includes 1g Added Sugars		<b>2%</b>
<b>Protein</b>	20g	

Vitamin D 1mcg 6%	•	Calcium 154mg 10%
Iron 3mg 15%	•	Potassium 557mg 10%

\* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

**INGREDIENTS:** RIGATONI NOODLE (DURUM WHEAT SEMOLINA, [ENRICHED WITH IRON (FERROUS SULFATE) AND B VITAMINS (NIACIN, THIAMIN MONONITRATE, RIBOFLAVIN, FOLIC ACID)]), FREEZE DRIED PULLED PORK COOKED SEASONED\* (PORK, FLAVORING, SALT), THRIVE TOMATO SAUCE POWDER (TOMATO POWDER, FOOD STARCH-MODIFIED, SUGAR, MILK FAT, WHEY, SALT, SWEET CREAM, GARLIC POWDER, ONION POWDER, SPICES, NONFAT MILK SOLIDS, NONFAT MILK, CARROT POWDER, DEXTROSE, SODIUM CASEINATE, SODIUM PHOSPHATE, MALTODEXTRIN, NATURAL FLAVOR, YEAST EXTRACT, CITRIC ACID, ANNATTO COLOR), BALSAMIC GLAZE (BALSAMIC VINEGAR OF MODENA [WINE VINEGAR, CONCENTRATED GRAPE MUST, CARAMEL COLOR], GLUCOSE SYRUP, SUGAR, MODIFIED CORN STARCH, DEXTROSE, XANTHAN GUM), PARMESAN CHEESE\* (PASTEURIZED PART-SKIM COW'S MILK, CHEESE CULTURES, SALT, ENZYMES, POWDERED CELLULOSE [TO PREVENT CAKING]), MOZZARELLA CHEESE\* (CULTURED PASTEURIZED PART SKIM MILK, SALT, ENZYMES), DEHYDRATED GARLIC, ONION\*, RED BELL PEPPERS\*, ASPARAGUS\*, MUSHROOMS\*, ALL PURPOSE SEASONING POWDER (SALT, SPICES, ONION, GARLIC, CHILI PEPPER, DEXTROSE, CITRIC ACID, SUGAR, NATURAL FLAVOR)

\*FREEZE DRIED

**CONTAINS: MILK, WHEAT.****Nutrition Facts**

6 servings per container

**Serving size** 1 Cup (88g)**Amount per serving****Calories** 340

		% Daily Value *
<b>Total Fat</b>	8g	<b>10%</b>
Saturated Fat	3.5g	<b>18%</b>
<i>Trans</i> Fat	0g	
<b>Cholesterol</b>	45mg	<b>15%</b>
<b>Sodium</b>	790mg	<b>34%</b>
<b>Total Carbohydrate</b>	47g	<b>17%</b>
Dietary Fiber	3g	<b>11%</b>
Total Sugars	8g	
Includes 1g Added Sugars		<b>2%</b>
<b>Protein</b>	20g	

Vitamin D 1mcg 6%	•	Calcium 154mg 10%
Iron 3mg 15%	•	Potassium 557mg 10%

\* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

**INGREDIENTS:** RIGATONI NOODLE (DURUM WHEAT SEMOLINA, [ENRICHED WITH IRON (FERROUS SULFATE) AND B VITAMINS (NIACIN, THIAMIN MONONITRATE, RIBOFLAVIN, FOLIC ACID)]), FREEZE DRIED PULLED PORK COOKED SEASONED\* (PORK, FLAVORING, SALT), THRIVE TOMATO SAUCE POWDER (TOMATO POWDER, FOOD STARCH-MODIFIED, SUGAR, MILK FAT, WHEY, SALT, SWEET CREAM, GARLIC POWDER, ONION POWDER, SPICES, NONFAT MILK SOLIDS, NONFAT MILK, CARROT POWDER, DEXTROSE, SODIUM CASEINATE, SODIUM PHOSPHATE, MALTODEXTRIN, NATURAL FLAVOR, YEAST EXTRACT, CITRIC ACID, ANNATTO COLOR), BALSAMIC GLAZE (BALSAMIC VINEGAR OF MODENA [WINE VINEGAR, CONCENTRATED GRAPE MUST, CARAMEL COLOR], GLUCOSE SYRUP, SUGAR, MODIFIED CORN STARCH, DEXTROSE, XANTHAN GUM), PARMESAN CHEESE\* (PASTEURIZED PART-SKIM COW'S MILK, CHEESE CULTURES, SALT, ENZYMES, POWDERED CELLULOSE [TO PREVENT CAKING]), MOZZARELLA CHEESE\* (CULTURED PASTEURIZED PART SKIM MILK, SALT, ENZYMES), DEHYDRATED GARLIC, ONION\*, RED BELL PEPPERS\*, ASPARAGUS\*, MUSHROOMS\*, ALL PURPOSE SEASONING POWDER (SALT, SPICES, ONION, GARLIC, CHILI PEPPER, DEXTROSE, CITRIC ACID, SUGAR, NATURAL FLAVOR)

\*FREEZE DRIED

**CONTAINS: MILK, WHEAT.**