

# Potato Chunks

## Nutrition Facts

24 servings per container  
**Serving size 1/2 cup (40g)**

**Amount per serving**  
**Calories 150**

**% Daily Value\***

**Total Fat** 0g **0%**

Saturated Fat 0g **0%**

Trans Fat 0g

**Cholesterol** 0mg **0%**

**Sodium** 25mg **1%**

**Total Carbohydrate** 33g **12%**

Dietary Fiber 1g **4%**

Total Sugars 1g

Includes 0g Added Sugars **0%**

**Protein** 3g

Vitamin D 0mcg 0%

Calcium 16mg 2%

Iron 0mg 0%

Potassium 369mg 8%

\*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

**INGREDIENTS:** POTATOES, FRESHNESS PRESERVED WITH SODIUM BISULFITE.

Processed in a facility that handles milk, egg, soy, wheat, & coconut products.

**CAUTION:** This product contains an oxygen absorber that is not intended for consumption. Please discard the packet upon opening can.

Thrive Life®, 691 South Auto Mall Drive, American Fork, Utah 84003



Peeled, cubed, and dehydrated to add substance to any meal. It's simply potatoes!

**Bake with a roast**

**Stir into stew**

**Season in a skillet**

**However you want! Show us your creations at [thrivelife.com/recipes](http://thrivelife.com/recipes)**

### CHEF BITES

Add 1 cups of potatoes to 4 cups of boiling water. Cook for 15-20 minutes until potatoes are tender. Or simply toss into any creation, and off you go!

### FOR THE LOVE OF FOOD

As the center of family gatherings, late-night talks, and your kitchen table, food brings us together. With Thrive Life, you can enjoy that taste you love anytime you want.



POTATO CHUNKS



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Net Wt. 33.8 oz (2.11 lb) 960g