



Every THRIVE™ purchase helps reduce world hunger. Thriving Nations™ creates greater nutritional self-sufficiency around the world by teaching impoverished people how to diversify crops, increase food production, and create healthier dietary practices. Five percent of all THRIVE™ profits are donated to this cause.

THRIVE™



Buying and preparing quality food should be easy. With THRIVE™, it is! The THRIVE™ food line consists of convenient, versatile foods that are practical for daily cooking. Each product also has an extended shelf life, making THRIVE™ great for food storage. THRIVE™ foods are nutrient-rich and natural, so you can be confident you are providing your family with proper nutrition.

- T** Grains
- H** Vegetables
- R** Fruits
- I** Milk
- V** Meat & Beans
- E** Basics

Turkey Brine

(This is not a gluten-free recipe)

Ingredients:

- 1 ½ c. THRIVE Iodized Salt
- 1 ½ c. THRIVE Cane Sugar
- ½ c. rosemary, chopped
- ½ c. sage, chopped
- ½ c. parsley, chopped
- 1 tbsp. garlic, minced
- 1 c. THRIVE Chopped Onions (FD)
- 2 tbsp. orange zest
- 4 c. THRIVE Orchard Apple drink, reconstituted
- 4 c. cranberry juice
- 16 c. water

Makes brine for one 10 lb. turkey. Combine all ingredients in a large container or bucket. Set thawed turkey into brine. Add more water if needed to ensure turkey is fully covered. Let turkey soak in brine for 6 hours before roasting.

Find recipes, planning tools, and more at www.EatThrive.com



Based on a trusted model.

Trusted Foods. A Trusted Standard. THRIVE™ provides high-quality, nutritious foods for both daily use and long-term storage.

THRIVE™

BASICS

Iodized Salt

2,016 SERVINGS



Net Wt 128 oz (8.00 lb) 3629g

THRIVE™ www.EatThrive.com

Nutrition Facts

Serving Size ¼ tsp (1.8g)
Servings Per Container 2,016

Amount Per Serving

Calories 0 Calories from Fat 0

% Daily Value*

Total Fat 0g **0%**

Saturated Fat 0g **0%**

Trans Fat 0g

Cholesterol 0mg **0%**

Sodium 710mg **29%**

Total Carbohydrate 0g **0%**

Dietary Fiber 0g **0%**

Sugars 0g

Protein 0g

Vitamin A 0% • Vitamin C 0%

Calcium 0% • Iron 0%

*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

	Calories:	2,000	2,500
Total Fat	Less than:	65g	80g
Sat Fat	Less than:	20g	25g
Cholesterol	Less than:	300mg	300mg
Sodium	Less than:	2,400mg	2,400mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g

Basics

Suggested Storage Amount:

Store a variety of cooking basics, including 60 pounds of sugar, 5 pounds of salt, and 10 pounds of cooking oil per adult per year.

Usage Suggestions:

THRIVE™ Iodized Salt will add taste to any dish. Keep your salt shaker full to add more taste to soups, sauces, and pasta.

Shelf Life: 30 Years

Best if used within 2 years of opening to maintain life sustaining nutritional value under optimal storage conditions.

Opened ___/___/___.

INGREDIENTS: IODIZED SALT.

PROCESSED IN A FACILITY THAT HANDLES MILK, EGG, SOY, WHEAT, AND TREE NUT PRODUCTS.



Distributed By:

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