

Cheddar Cheese

Nutrition Facts

55 servings per container
Servings size 1/4 cup (20g)

Amount per serving
Calories 120

% Daily Value*

Total Fat 10g **13%**

Saturated Fat 6g **30%**

Trans Fat 0g

Cholesterol 35mg **12%**

Sodium 200mg **9%**

Total Carbohydrate 0g **0%**

Dietary Fiber 0g **0%**

Total Sugars 0g

Includes 0g Added Sugars **0%**

Protein 8g

Vitamin D 0mcg 0%

Calcium 227mg 15%

Iron 0mg 0%

Potassium 24mg 0%

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

INGREDIENTS: CULTURED PASTEURIZED MILK, SALT, ENZYMES, ANNATTO COLOR, POTATO STARCH ADDED TO PREVENT CAKING.

CONTAINS: MILK.

Processed in a facility that handles milk, egg, soy, wheat, & coconut products.
CAUTION: This product contains an oxygen absorber that is not intended for consumption. Please discard the packet upon opening can.

Thrive Life®, 691 South Auto Mall Drive, American Fork, Utah 84003

Classic, creamy, and carefully shredded.
It's cooking made simple!

Bake into soup

Mix into an onion dip

Top a pizza

However you want! Show us your creations
at thrivelife.com/recipes

CHEF BITES

Drizzle 3½ tablespoons of cold water over 1 cup of cheese and stir. Store in a resealable bag and refrigerate for 35 minutes.

FOR THE LOVE OF FOOD

As the center of family gatherings, late-night talks, and your kitchen table, food brings us together. Freeze drying locks in nutrients and flavor so you can stop chasing expiration dates, and enjoy tasty food anytime you want.



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CHEDDAR CHEESE

FREEZE
DRIED
DAIRY

THRIVE
LIFE™

CHEDDAR CHEESE

Net Wt. 38.8 oz (2.42 lb) 1100g



5363

5305

Glue

Glue

Glue