

Crunchified berries, creamy yogurt, and energizing granola blended together for a fruit-packed parfait. No spoon required!

**FOR THE LOVE OF FOOD**

Our Nutrilock® freeze drying locks in flavor and nutrients so you can stop chasing expiration dates, and enjoy tasty food anytime you want.

**THRIVING NATIONS**

Thrive Life donates five percent of profits to help reduce world hunger. Find out more at [thrivelife.com/thrivingnations](http://thrivelife.com/thrivingnations)



**Nutrition Facts**

3 servings per container  
**Servings size** 1/2 cup (25g)

**Amount per serving**  
**Calories** 100

	% Daily Value*
<b>Total Fat</b> 0g	<b>0%</b>
Saturated Fat 0g	<b>0%</b>
<i>Trans</i> Fat 0g	
<b>Cholesterol</b> 0mg	<b>0%</b>
<b>Sodium</b> 30mg	<b>1%</b>
<b>Total Carbohydrate</b> 19g	<b>7%</b>
Dietary Fiber 0g	<b>0%</b>
Total Sugars 10g	
Includes 2g Added Sugars	<b>4%</b>
<b>Protein</b> 2g	
Vit. D 0mcg 0%	· Calcium 23mg 2%
Iron 1mg 6%	· Potas. 56mg 2%

\*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

**INGREDIENTS:** GRANOLA (WHOLE ROLLED OATS, DRIED CANE SYRUP, HIGH OLEIC SUNFLOWER OIL, MOLASSES, WHOLE OAT FLOUR, RICE FLOUR, HONEY, MALTODEXTRIN, SALT, NATURAL FLAVOR, MIXED TOCOPHEROLS, SOY LECITHIN), BERRY BLEND (BLUEBERRIES, SLICED STRAWBERRIES, BLACKBERRIES, RASPBERRIES), VANILLA YOGURT BITES (SUGAR, SKIM MILK YOGURT, TAPIOCA STARCH, FLAVORS), STRAWBERRY YOGURT BITES (SUGAR, STRAWBERRY, SKIM MILK YOGURT, STARCH, NATURAL FLAVOR, BLACK CARROT JUICE CONCENTRATE).

**CONTAINS MILK, WHEAT, AND SOY.**

PROCESSED IN A FACILITY THAT HANDLES MILK, EGG, SOY, WHEAT, AND COCONUT PRODUCTS.

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