

FREEZE
DRIED
MEATS

THRIVE
LIFE™

SMALL DICED BEEF
COOKED & SEASONED

U.S.
INSPECTED
AND PASSED BY
DEPARTMENT OF
AGRICULTURE
EST. 39967

Net Wt. 23.28 oz (1.45 lb) 660g

Serving Suggestion

Small Diced Beef

Nutrition Facts

22 servings per container

Servings size 1/2 cup (30g)

Amount per serving
Calories 80

% Daily Value*

Total Fat 2g 3%

Saturated Fat 1g 5%

Trans Fat 0g

Cholesterol 40mg 13%

Sodium 660mg 28%

Total Carbohydrate 0g 0%

Dietary Fiber 0g 0%

Total Sugars 0g

Includes 0g Added Sugars 0%

Protein 19g

Vitamin D 0mcg 0%

Calcium 50mg 6%

Iron 1.43mg 8%

Potassium 0mg 0%

* The % Daily Value (DV) Tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

INGREDIENTS: BEEF, SALT.

CAUTION: This product contains an oxygen absorber that is not intended for consumption. Please discard the packet upon opening can.

Thrive Life®, 691 South Auto Mall Drive, American Fork, Utah 84003

Seasoned meat, cooked and diced to perfection. It's simply beef!

Fold inside a quesadilla

Stir into chili

Bake into a casserole

However you want! Show us your creations at thrivelife.com/recipes

CHEF BITES

Add 1/2 cup of warm water to 1 cup of beef and let sit 15-20 minutes until tender.

FOR THE LOVE OF FOOD

As the center of family gatherings, late-night talks, and your kitchen table, food brings us together. Freeze drying locks in nutrients and flavor so you can stop chasing expiration dates, and enjoy tasty food anytime you want.



FOR RECIPES
AND MORE VISIT
THRIVELIFE.COM



5373

SMALL DICED BEEF
COOKED & SEASONED

Glue

Glue

Glue