

Sausage Scramble

Just add water for a sausage and egg scramble you can take with you anywhere!

MICROWAVE: REMOVE OXYGEN ABSORBER, lid, and foil (leave no foil). Add water to just above the fill line and mix well. Microwave for 1 minute and stir again. Let sit with lid on for 5 minutes. Stir and eat!

ON THE GO: REMOVE OXYGEN ABSORBER. Add hot water to just below the fill line. Stir well. Let sit with lid on for 12-15 minutes tumbling occasionally.



THRIVE LIFE

Sausage Scramble

FREEZE DRIED

To Go



MADE WITH:
Eggs
Sausage
Potatoes
Bell Peppers

Serving Suggestion

Net Wt. 1.02 oz (29g)



Nutrition Facts	Amount/serving	% DV	Amount/serving	% DV
	Total Fat 8g	10%	Total Carb. 9g	3%
1 serving per container	Sat. Fat 2.5g	13%	Fiber 1g	4%
Serving size 29g	Trans Fat 0g		Total Sugars 2g	
	Cholesterol 80mg	27%	Incl. 0g Added Sugars	0%
	Sodium 350mg	15%	Protein 9g	
Calories 140 per serving	Vitamin D 0% • Calcium 2% • Iron 6% • Potassium 6%			

INGREDIENTS: FREEZE DRIED SAUSAGE CRUMBLES COOKED PORK* (PORK, SALT, SUGAR, SPICES.), SCRAMBLED EGGS* (EGG WHITES, WHOLE EGGS, CORN STARCH, XANTHAN GUM, BETA CAROTENE), POTATOES*, RED AND GREEN BELL PEPPERS, SALT.

CONTAINS EGG.

*FREEZE DRIED

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