

Red Seedless Grapes

Nutrition Facts	
21 servings per container	
Serving size	1/2 cup (26g)
Amount per serving	
Calories	100
% Daily Value*	
Total Fat 0g	0%
Saturated Fat 0g	0%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 15mg	1%
Total Carbohydrate 26g	9%
Dietary Fiber 1g	4%
Total Sugars 23g	
Includes 0g Added Sugars	0%
Protein 0g	
Vitamin D 0mcg	0%
Calcium 23mg	2%
Iron 0mg	0%
Potassium 267mg	6%

INGREDIENTS: RED SEEDLESS GRAPES.

Processed in a facility that handles milk, egg, soy, wheat, & coconut products.
CAUTION: This product contains an oxygen absorber that is not intended for consumption. Please discard the packet upon opening can.
Thrive Life®, 691 South Auto Mall Drive, American Fork, Utah 84003

Crunchified and sliced into sweet bite-sized pieces. It's simply a grape!

- Snack from the can
- Mix into chicken salad
- Freeze into popsicles
- However you want! Show us your creations at thrivelife.com/recipes

CHEF BITES
Place 1 cup of grapes on a plate and spray with water until thoroughly soaked. Wrap in plastic and let sit at room temperature for 45 minutes. Or simply toss into any creation, and off you go!

FOR THE LOVE OF FOOD
As the center of family gatherings, late-night talks, and your kitchen table, food brings us together. Freeze drying locks in nutrients and flavor so you can stop chasing expiration dates and enjoy tasty food anytime you want.



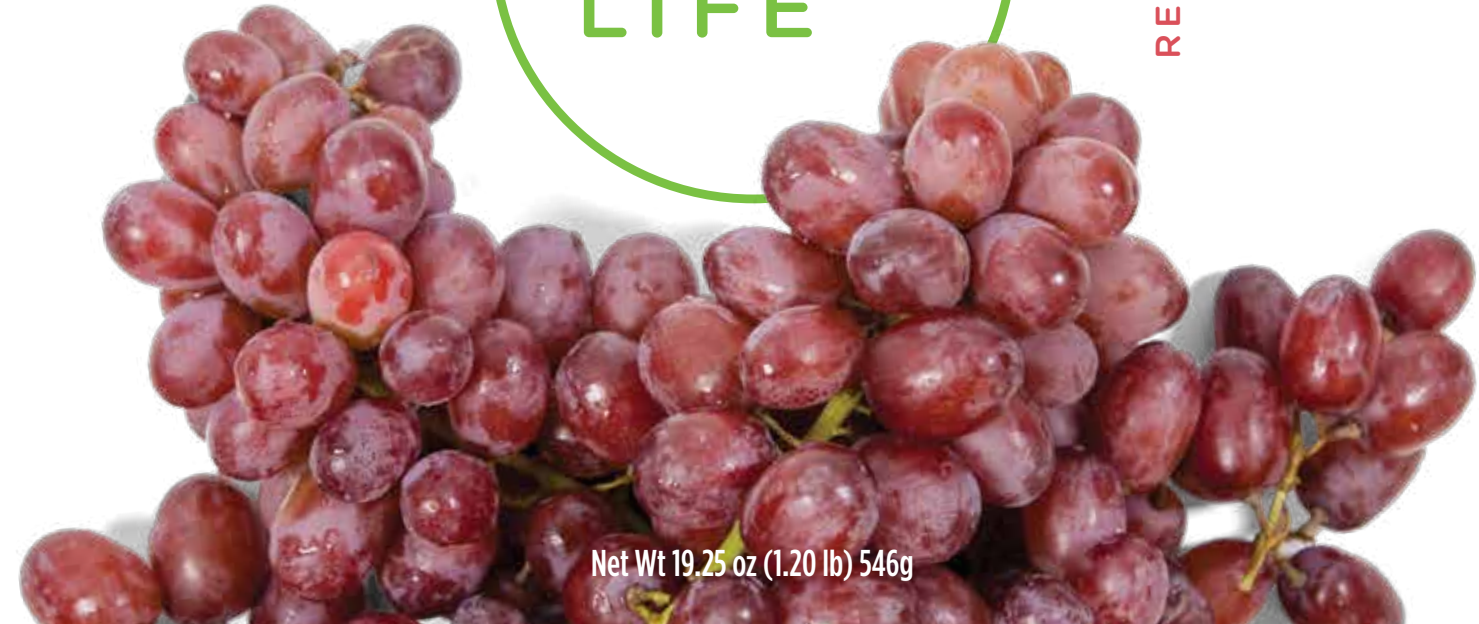
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RED SEEDLESS GRAPES

FREEZE DRIED FRUITS



RED SEEDLESS GRAPES



Net Wt 19.25 oz (1.20 lb) 546g