Onion Slices

Nutrition Facts

23 servings per container

Serving size 1/2 cup (6g)

Amount per serving

Calories

% Daily \	/alue [*]
Total Fat Og	0%
Saturated Fat Og	0%
Trans Fat Og	
Cholesterol Omg	0%
Sodium Omg	0%
Total Carbohydrate 5g	2%
Dietary Fiber 1g	4%
Total Sugars 3g	
Includes Og Added Sugars	0%

*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

INGREDIENTS: WHITE ONIONS.

Potassium Omg

Sliced into bold strips with a bright taste. It's simply an onion!

Stir into French onion soup

Bake into stuffing

Cook with orange chicken

However you want! Show us your creations at thrivelife.com/recipes

CHEF BITES

Add 3 tbsp. of water to 1 cup of onions and let sit until tender. Or simply toss into any creation, and off you go!

FOR THE LOVE OF FOOD

As the center of family gatherings, late-night talks, and your kitchen table, food brings us together. Freeze drying locks in nutrients and flavor so you can stop chasing expiration dates and enjoy tasty food anytime you want.

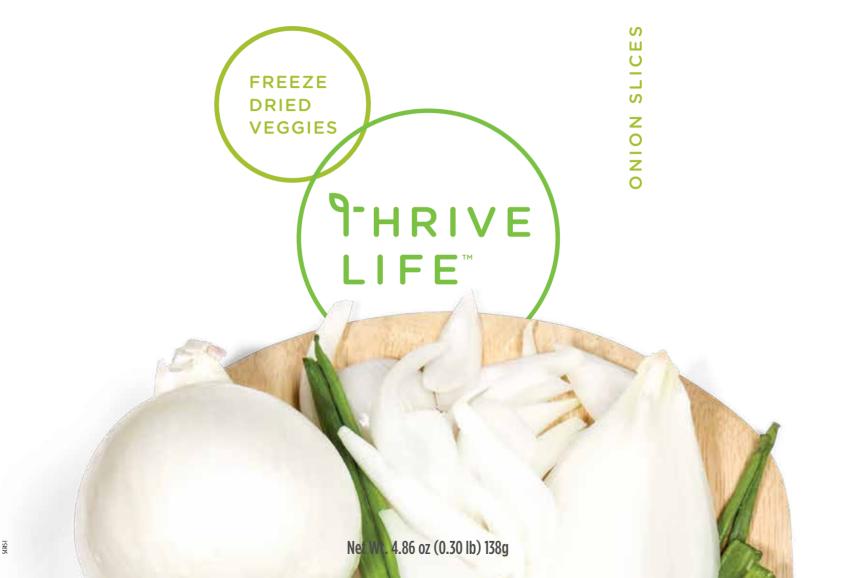


FOR RECIPES

AND MORE VISIT

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ONION SLICE



Processed in a facility that handles milk, egg, soy, wheat, & coconut products. CAUTION: This product contains an oxygen absorber that is not intended for consumption. Please discard the packet upon opening can.

Thrive Life®, 691 South Auto Mall Drive, American Fork, Utah 84003