

## Nutrition Facts

1 serving per container

**Serving size** 1 pouch (39g)

**Amount per serving**

**Calories** **170**

**% Daily Value\***

**Total Fat** 5g **6%**

Saturated Fat 2g **10%**

Trans Fat 0g

**Cholesterol** 45mg **15%**

**Sodium** 540mg **23%**

**Total Carbohydrate** 18g **4%**

Dietary Fiber 1g **4%**

Total Sugars 12g

Includes 9g Added Sugars **18%**

**Protein** 13g

Vitamin D 0mcg 0%

Calcium 22mg 2%

Iron 1mg 6%

Potassium D 263mg 6%

\*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

**INGREDIENTS:** FREEZE DRIED COOKED SEASONED PULLED PORK\* (PORK, FLAVORING, SALT), ISLAND SEASONING (BROWN SUGAR, MODIFIED FOOD STARCH, TOMATO, PAPRIKA, SALT, GARLIC, ONION, VINEGAR [MALTODEXTRIN, WHITE DISTILLED VINEGAR, MODIFIED FOOD STARCH], CHILI PEPPER, PEPPERCORN, NATURAL SMOKE FLAVOR), PINEAPPLE\*, ONION SLICES\*.

\*FREEZE DRIED

Thrive Life, 691 South Auto Mall Drive,  
American Fork, Utah 84003

Just add water for an island-inspired lunch you can whip up anywhere you go!

**Pile on a bun**

**Serve over rice**

**Enjoy right from the bag**

### REFRESH

**REMOVE OXYGEN ABSORBER.** Shake bag, and then add ½ cup of hot water to bag and stir to combine. Seal bag and let sit for 10–15 minutes, massaging bag occasionally. Stir again and add more water if needed.

