



Classic Wedding Soup and Focaccia

ingredients | 2 person (4 person)

Put away the chopping block. All your freeze dried ingredients are ready for cooking!

grab from your box

Country White Dough Mix | 2 cups (3 ³/₄)

Instant Yeast | 1 tsp. (2 ¹/₄ or 1 pkt.)

Seasoning Blend #1

Garlic | 1 tsp. (2)

Salad Seasoning | ½ tsp. (1)

Basil | ½ tsp. (1)

Chef's Choice Seasoning | ⅛ tsp. (¼)

Cheese Blend

Parmesan Cheese | 2 Tbsp. (¼ cup)

Mozzarella Cheese | 2 Tbsp. (¼ cup)

Sausage Crumbles | ½ cup (1)

Veggie Mix

Celery | 2 Tbsp. (¼ cup)

Kale | ¼ cup (½)

Chopped Onions | 2 ½ Tbsp. (⅓ cup)

Instant White Rice | 1/3 cup (⅔)

Seasoning Blend #2

Salad Seasoning | 1 ½ Tbsp. (3)

Garlic | ½ tsp. (1)

Chicken Bouillon | ¾ Tbsp. (1 ½)

grab from your pantry

Olive Oil | 1 Tbsp. (2)

Butter, melted | 1 Tbsp. (2)

90 minutes

AS PREPARED

150 CALS / FATS 12G / PROTEIN 9G / SODIUM 810MG

What's on the Box?

Check your box for the icon and follow 2 or (4 person) measurements.



2 Person



4 Person

kitchen gadgets: Mixer, medium bowl, medium sauce pot, 8x8 (9x13) pan.

chef tip: No mixer? Make focaccia dough in a bowl, then knead by hand for 5-7 minutes.



See note above! In a mixer, add $\frac{1}{2}$ cup plus 1 Tbsp. (1 cup plus 2 Tbsp.) **warm water**, 1 tsp. (1 pkt.) **yeast**, and **Country White Dough Mix**. Mix on low with dough hook. Once dough holds, mix on medium about 5 minutes or until smooth and elastic.



Put the dough into a sprayed medium bowl and cover. Let rise until it doubles in size, about 45 minutes.



Refresh the **cheese blend** for the focaccia bread by combining it with $\frac{1}{2}$ (1 $\frac{1}{2}$) Tbsp. of **water** in a small container with a lid. Tumble and set aside. Allow to soften by tumbling every few minutes.



Cover bottom of an 8x8 (9x13) pan with 1 (2) Tbsp. of **oil**. Spread risen dough in the bottom of the pan. Spread 1 (2) Tbsp. **melted butter** and **seasoning blend #1** on dough. Sprinkle the cheese blend on top and cover with plastic wrap. Let rise again. Preheat the oven to 400 degrees.



Once bread has doubled in size, place the bread in the oven for about 10-15 minutes until golden brown. Once out of the oven, place the bread directly onto a cooling rack so the bottom stays crispy.



In a medium sauce pot, add 3 $\frac{1}{2}$ (7) cups **water**, **sausage crumbles**, **veggie mix**, **instant white rice**, and **seasoning blend #2**. Bring to a simmer and simmer for 7-8 minutes. Season to taste. Portion into bowls and serve!

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Wasn't that simple?

Choose from a variety of Thrive Life ingredients to whip up your own family classics faster.



Nutrition Facts

3.5 servings per container

Serving size 1 cup (27g)

Amount per serving

Calories 120

% Daily Value*

Total Fat 6g 8%

Saturated Fat 2g 10%

Trans Fat 0g

Cholesterol 15mg 5%

Sodium 600mg 26%

Total Carbohydrate 11g 4%

Dietary Fiber 1g 4%

Total Sugars 2g

Includes 0g Added Sugars 0%

Protein 6g

Vitamin D 0mcg 0%

Calcium 38mg 2%

Iron 1mg 6%

Potassium 136mg 2%

*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Nutrition Facts

8 servings per container

Serving size 1 slice (37g)

Amount per serving

Calories 100

% Daily Value*

Total Fat 2g 3%

Saturated Fat 1g 5%

Trans Fat 0g

Cholesterol 10mg 3%

Sodium 240mg 10%

Total Carbohydrate 17g 6%

Dietary Fiber 1g 4%

Total Sugars 1g

Includes 0g Added Sugars 0%

Protein 4g

Vitamin D 0mcg 0%

Calcium 71mg 6%

Iron 1mg 6%

Potassium 41mg 0%

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Nutrition Facts

7.5 servings per container

Serving size 1 cup (25g)

Amount per serving

Calories 110

% Daily Value*

Total Fat 6g 8%

Saturated Fat 2g 10%

Trans Fat 0g

Cholesterol 15mg 5%

Sodium 560mg 24%

Total Carbohydrate 11g 4%

Dietary Fiber 1g 4%

Total Sugars 1g

Includes 0g Added Sugars 0%

Protein 5g

Vitamin D 0mcg 0%

Calcium 35mg 2%

Iron 1mg 6%

Potassium 127mg 2%

*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Nutrition Facts

15 servings per container

Serving size 1 slice (40g)

Amount per serving

Calories 110

% Daily Value*

Total Fat 2.5g 3%

Saturated Fat 1g 5%

Trans Fat 0g

Cholesterol 10mg 3%

Sodium 250mg 11%

Total Carbohydrate 18g 7%

Dietary Fiber 1g 4%

Total Sugars 2g

Includes 0g Added Sugars 0%

Protein 4g

Vitamin D 0mcg 0%

Calcium 76mg 6%

Iron 1mg 6%

Potassium 43mg 0%

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INGREDIENTS: FREEZE DRIED SAUSAGE CRUMBLES, COOKED PORK* (PORK, SALT, SUGAR, SPICES), INSTANT WHITE RICE (PRECOOKED LONG GRAIN RICE, NIACIN [NIACIMADE], IRON [FERRIC ORTHOPHOSPHATE], THIAMINE [THIAMINE MONONITRATE], FOLIC ACID), CHICKEN BOUILLON (SALT, MALTODEXTRIN, NATURAL FLAVOR, YEAST EXTRACT, ONION AND GARLIC POWDER, DEHYDRATED CELERY AND CARROT POWDER, TURMERIC EXTRACT, SPICE), CHOPPED ONION*, SALAD HERB BLEND* (WHITE ONION, PARSLEY, CHIVE, RED ONION, GARLIC), KALE*, DEHYDRATED GARLIC, CELERY*.

*FREEZE DRIED

INGREDIENTS: THRIVE COUNTRY WHITE BREAD DOUGH MIX (ENRICHED UNBLEACHED WHEAT FLOUR [NIACIN, REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID, ENZYMES], SKIM MILK, HONEY CRYSTALS [REFINERY SUGAR, HONEY], SHORTENING POWDER [SOYBEAN OIL, MALTODEXTRIN, SODIUM CASEINATE, MONO AND DIGLYCERIDES, AND DISODIUM PHOSPHATE], SALT, WHOLE EGGS, YOLK, EGG WHITES [GLUCOSE REMOVED FOR STABILITY], DOUGH ENHANCER [WHEAT FLOUR, CALCIUM SULFATE, AND 2% OR LESS ENZYMES]), FREEZE DRIED PARMESAN CHEESE* (PASTEURIZED PART-SKIM MILK, CHEESE CULTURES, SALT, ENZYMES), MOZZARELLA CHEESE* (CULTURED PASTEURIZED PART SKIM MILK, SALT, ENZYMES), DEHYDRATED GARLIC, YEAST, SALAD HERB BLEND* (WHITE ONION, PARSLEY, CHIVE, RED ONION, GARLIC), ALL PURPOSE SEASONING POWDER (SALT, SPICES, ONION, GARLIC, CHILI PEPPER, DEXTROSE, CITRIC ACID, SUGAR, NATURAL FLAVOR), BASIL*.

*FREEZE DRIED

CONTAINS: MILK, WHEAT, SOY, EGGS.

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*FREEZE DRIED

CONTAINS: MILK, WHEAT, SOY, EGGS.